



Chris ^{LIVE} TAYLOR

THERAPIST / TEEN EXPERT / YOUTH SPEAKER / AUTHOR

Chris ignites the crowd as a brilliant storyteller, sharing practical, life changing tools that leave teens, parents, and educators feeling uplifted and empowered.

Chris Taylor is described as a dynamic, passionate speaker who brings instant excitement for change to the stage of youth, parent, and educator seminars, conferences, and retreats across the country. Combining an MA in clinical counseling and 17 years' experience as a teen and family therapist, Chris is on a mission to help teens and families learn how to cope with life in healthy ways and prompt them to cultivate the kind of life they truly desire.



PRESENTATIONS

TEEN DEPRESSION AND ANXIETY: THE TEEN SELF

Chris helps teens, parents, and educators learn more about anxiety and depression, as well as offer helpful techniques and tools for managing or overcoming such.

SCHOOL SHOOTINGS: HOW TO PREPARE AND RESPOND

Chris is committed to help prevent future violence and school shootings. He covers practical tools for conflict resolution and how to respond when violence surfaces.

TEENS AND TECHNOLOGY: THE HIDDEN DANGERS

Chris shares the hidden dangers in various aspects of technology, including tech addiction. He also covers the positive impact technology can have in the world.

KEYNOTE: A KID I ONCE KNEW

No stranger to adolescent struggles, Chris uses stories from his own life, as well as his experience as a therapist, to present valuable lessons he's learned through his adult years healing from pain and trauma.



“A passionate and motivational presentation! Chris's message was life changing. If you're seeking an exceptional speaker, Chris is your guy!”

Tracy Neal Chair of Entrepreneur Organization of Sacramento

“Chris sparked hope, healing, and joy among the crowd. He truly cares and teaches practical steps for the whole family to implement for a better life.”

Kellie Butler, Dean of Student Services Folsom Lake College

**HIGHLY ACCLAIMED
TEEN SUCCESS VIDEO COURSE**



BACK TO BASICS: TAYLORING YOUR TEEN FOR SUCCESS

Using precise techniques, Chris teaches parents the underlying psychological mechanisms that cause their teens to act out, as well as how to address them. Teens and parents learn better how they can feel like a team, rather than opponents.



[View Video](#)

Chris has a true gift for reaching the hearts of teens and equipping them with practical tools they can begin using immediately for more peace and joy. He uses humor, motivation, and powerful content that produces lasting change.

He's been featured on TV, radio, podcasts, and various print media publications.

CONNECT

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bit.ly/2sp5P1N

Chris is also available for presentations for parents and educators.



Book Chris for your next event

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